

THANK YOU
TO OUR SPONSORS

Title Sponsor

HARMONS
your neighborhood grocer®

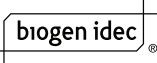
Gold Sponsors



Silver Sponsors



Bronze Sponsors



6364 South Highland Drive #101
Salt Lake City, UT 84121

MS
National
Multiple Sclerosis
Society
Utah-Southern Idaho
Chapter



REGISTER OR VOLUNTEER TODAY
BIKEMSUTAH.ORG



Bike MS Utah:
Harmons Best Dam Bike Ride
June 23 - 24, 2012 Scenic Cache Valley

bike
MS

Don't Just Ride,
Bike MS.

HARMONS
your neighborhood grocer®
Best Dam Bike
Ride 2012

REGISTER TODAY!
bikeMSUtah.org

A WORLD FREE OF MS

The money you raise will provide research and support for people affected by MS. Early and ongoing treatment with FDA-approved therapy can make a difference for people with multiple sclerosis. Learn about your options by talking to your health care professional and contacting the National MS Society at nationalMSsociety.org or 1 800 344 4867.

Bicycling Official Media Partner

BLACKBOTTOMS Official Jersey Supplier

REGISTER OR VOLUNTEER TODAY
BIKEMSUTAH.ORG OR CALL: 800 344 4867

bike MS: HARMONS BEST DAM BIKE RIDE JUNE 23-24, 2012

DON'T JUST RIDE, BIKE MS.

Feel the electricity at the starting line. You know it's real when you settle into the saddle and grip your handlebars. Just when your legs begin to fatigue, your heart and mind will drive you even further to own every mile no matter how much farther you have to go. That's when you know this isn't just any ride.

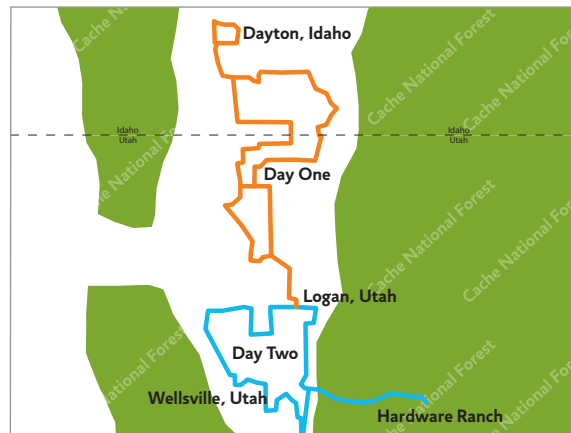
This is Bike MS.



JOIN US THIS YEAR! FRIENDS • FOOD • FUN 2 DAYS • 175 MILES • 12 REST STOPS FULLY SUPPORTED • SCENIC • CELEBRATION

AN UNFORGETTABLE RIDE 40, 75, 100 MILE ROUTE OPTIONS

Join us in beautiful Cache Valley, located 85 miles north of Salt Lake City. The Harmons Best Dam Bike Ride is the largest, best supported and fully-catered cycling event in Utah, attracting 3,000 cyclists from across the country. Camp for free on site at the Cache Country Fairgrounds or stay in a hotel nearby.



AN UNBEATABLE DESTINATION

All you rookies and returning riders — because we're all doing it for the same reason — to raise funds, have fun, make a difference, and to use our collective momentum to change the lives of everyone living with MS. We provide training and fundraising tools to help you get ready. A minimum fundraising goal of \$250 is required, but we'll be with you every step of the way.

TAKE ADVANTAGE OF TEAM WEEKS!

Register and fundraise during the weeks below to win great prizes from Specialized:

- March 11-18 – MS Awareness Week: Register and spread awareness! (Use discount code: EARLYBIRD to register for just \$25!)
- June 4-8: Fundraise this week to win!
- Watch for other opportunities at facebook.com/bikemsutah

